

NEW CLUB
AGE 16-25

DO YOU STRUGGLE WITH
SPEECH, LANGUAGE AND COMMUNICATION?
JOIN US AND MAKE NEW FRIENDS!



EDINBURGH CHILL YOUTH CLUB

IS A SUPPORTIVE AND CREATIVE SOCIAL CLUB TO BOOST
SELF-CONFIDENCE AND BUILD LIFE SKILLS.

Thursday 4th August, 7-9pm

**Fetlor Youth Club, 122 Crewe Road South,
Edinburgh EH4 2NY**

**A parent/carer support group will run
at the same time as the Chill Youth Club**

Contact Judith for more details on 07507 535857

MENTAL HEALTH, WELLBEING, BUT WHAT DO THE WORDS REALLY MEAN?

IT COMES DOWN TO ONE THING



HAPPINESS

HOW HAPPY DO YOU FEEL?

Everyone wants to be happy, to feel good about themselves. That is different for each and every one of us.

There are some things that people take for granted like friends, family, being able to go out and share in hobbies and activities.

IT'S EASY TO FORGET THAT FOR SOME OF US, THAT ISN'T ALWAYS EASY.

Feeling isolated can make us feel sad, excluded, and affect us in all sorts of ways. *Chill* is a network of support for anyone who feels they need people to talk to, to do things with, and be part of a group of friends.



WE WANT TO HEAR ABOUT WHAT WE CAN DO TO MAKE YOU FEEL GOOD



SLCo

The Speech Language Communication Company
Registered Charity No. SC 064297

EDINBURGH
THE CITY OF EDINBURGH COUNCIL

For more information please contact us

T: 07507 535857 / E: families@s-l-co.uk



OUR CLUBS ARE DESIGNED FOR KIDS AND YOUNG PEOPLE WHO EXPERIENCE COMMUNICATION BARRIERS