



Boroughmuir High School
Health and Food Technology
Department
Learning Schedule wk
beginning 18th of January



S1

Pick and Mix Challenge

Health and Food Technology
S1
January 2021

Over the next few weeks you are going to become an expert in Food Labelling. Take your pick of tasks and learn more about different aspects of food labelling in the UK.



Dietary Diseases

Research project continues....



Time to present and share your work

S2

Jan 2021

S3 PRACTICAL COOKERY

CURRENT
DIETARY ADVICE
RECIPE
ADAPTATION &
COOKING
METHODS

Miss Mitchelmore's S3 Practical Cookery are adapting recipes to meet CDA and the Tunnocks Challenge.



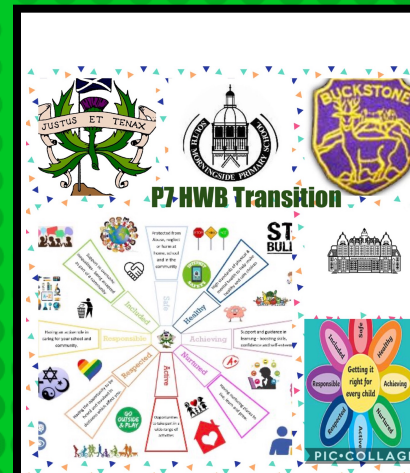
Dietary Diseases:



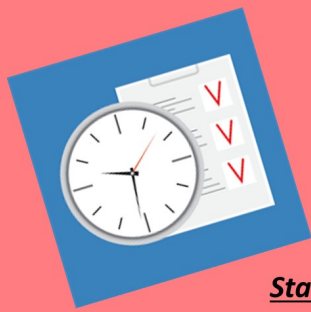
1. Obesity
2. Dental caries
3. Coronary heart disease (CHD)
4. Hypertension – high blood pressure
5. Anaemia
6. Osteoporosis
7. Bowel disorders
8. Type 2 Diabetes

'explain the effects of the following diet-related diseases or conditions on health: — obesity, dental caries, coronary heart disease, bowel disease, anaemia, high blood pressure, osteoporosis'

S3 HFT Miss
Davidson's
Class



S3 HWB are collaborating on their videos, uploading them and developing their booklets.



Hospitality Time planning

National 5

Week 2 – Jan 18th to Jan 25th

Starter = Smoked fish potato nests

Main = Cajun chicken with
boiled rice

Dessert = Toffee and pear
meringue roulade

The functional properties of sugar, eggs and liquid

National 5 HF
Food Product
Development



explain a range of the functional properties of the following ingredients in a range of food products: — eggs, flour, sugar, fat, milk

AH HFT FOOD SCIENCE PRODUCTION AND MANUFACTURE

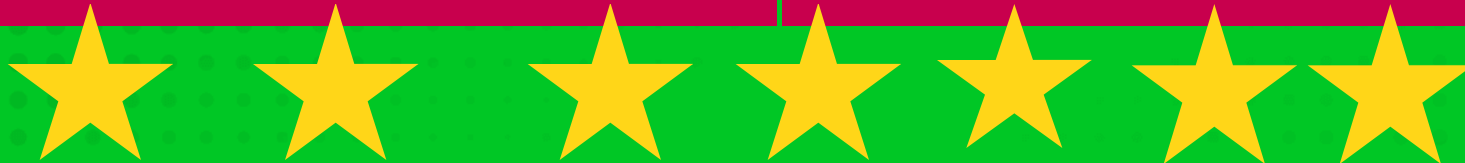


THE FUNCTIONS OF INGREDIENTS IN FOOD MANUFACTURING.

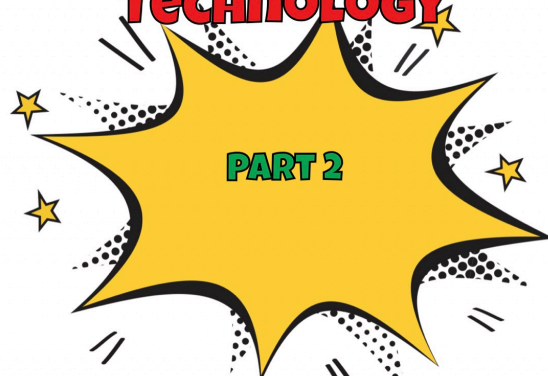
S4 N5 Practical Cookery
Skills for Assignment

S4 N5 Health and Food
Technology

Miss Mitchelmore's AHHFT
Food Science, manufacture
and production unit.



HIGHER HEALTH AND FOOD TECHNOLOGY



SKILL BUILDING FOR ASSIGNMENT



SENIOR PRACTICAL COOKERY



January 18th – 22nd Jan

This week's focus:

- Time planning
- Well-being Check Ins
- Q&A Session

Miss M HHFT
Past Paper and Identifying Key
Words



ALL WORK WILL BE POSTED ON THE
TEAMS PAGE ★
LEARNING OUTLINES WILL BE SHARED

STUDENTS ARE ENCOURAGED TO USE
THE ASK THE TEACHER CHANNEL FOR
CLARIFICATION 😊
CHECK INS WILL BE ORGANISED WITH
CLASS TEACHERS DURING A TT PERIOD

DO YOUR BEST EVERYONE 🙌

