## DAILY BULLETIN - Tuesday 23 August 2016

Duty Head – P Cifelli

TO ALL STAFF: THIS IS A CAT WEEK

TO ALL STAFF & PUPILS:

S2 Assembly

## **REGISTER TEACHERS - PLEASE INFORM YOUR GROUP:**

- **S1-6** LRC Closed: Due to book festival visits the library will be closed from period 3 and will reopen during period 5. If you require a laptop please collect from the Science Technicians. **F Aleksandrowicz**
- S1-6 <u>Let's play netball:</u> The 6 Edinburgh based clubs are looking for new and returning junior members. There are opportunities for girls in all year groups and of all abilities. Open trial are held by each club on certain dates. Posters outside Room 218 and in the PE corridor with times, dates and contact information. If interested just go along on the night.

  L Boag
- **S1-6** String Players: Mrs Mayland will be absent all week. Violin and Viola lessons are cancelled.

**H Sommerville** 

- S1-6 Mindfulness: Your mind can be your best friend or your worst enemy. It can make life wonderful for you or it can make it miserable. But the most wonderful thing is that you can shape this instrument. You can, literally, change your mind. So if you would like to find out why then why not come along at lunchtime to room 1.05 from 12.50 to 13.30 and learn about Mindfulness. The course will start on August 30<sup>th</sup> and is open to everyone. Bring your lunch the first week and come along and find out a little bit about how taking this course could help you enjoy life a little more, feel more confident and improve your concentration. You've got lots to gain and nothing to lose!
  L Mackintosh
- **S2** <u>EIBF 2016:</u> Pupils from 2H1 and 2V1 please meet in the cafeteria at 10.55am we will leave school at 11.05 and will return during p5. **F Aleksandrowicz**
- S2 Core PE: J Else

2H1: you are doing Football @ Meggetland, please go straight the playground.

2L1: you are doing Tennis @ The Meadows, please go straight to the PE department.

2W1: you are going the Meadows, please go straight to the PE department.

2V1: you are doing Hockey @ Meggetland, please go straight to the playground.

S3 Core PE: J Else

3H2: you are doing Tennis @ The Meadows, please go straight to the PE department.

3L2: you are going to Meggetland, please go straight to the playground.

3W2: you are doing Hockey @ Meggetland, please go straight to the playground.

3V2: you are doing Football @ Meggetland, please go straight the playground.

**S4-6** Medic Club: Those who are interested in a career in medicine should come along on Thursday lunchtime at 12.50 to room 2.19 for help and advice on applying and to answer any questions.

Naomi Shek & Mami Samejima

University Open Days: Universities are beginning to hold Open Days during school time so look for Saturday Open Days where possible. If you wish to attend an Open Day during school time, please ensure you add your name to the correct sign up list outside my office so that your attendance is marked correctly. Signing up for an Open Day on these sheets does not mean you are booked to go. Register online or call the University to book a place.

Dining Room Menu – TUESDAY - Staff can phone orders & have deliveries to the Staff Room	
Homemade Soup	Pasta King/Pizza/Baked Beans/ Pasta Pots
Chicken Dish served with	Baked Potatoes/Sandwiches/Rolls/Wraps/Panini-Various Fillings
accompaniments	Home Baking, Fresh or Dried Fruit, Yoghurt, Drinks Selection,
Quorn Dish served with	Yogurt, Extra Bread and Mixed Side Salad
accompaniments	

If you have any special Dietary Requirements, please let the staff know and they will be happy to help