## **DAILY BULLETIN - Monday 29 August 2016**

Duty Head - D Dempster

TO ALL STAFF: THIS IS NOT A CAT WEEK

**TO ALL STAFF & PUPILS:** 

S1 Assembly

## **REGISTER TEACHERS - PLEASE INFORM YOUR GROUP:**

S1-6 Mindfulness: Your mind can be your best friend or your worst enemy. It can make life wonderful for you or it can make it miserable. But the most wonderful thing is that you can shape this instrument. You can, literally, change your mind. So if you would like to find out why then why not come along at lunchtime to room 1.05 from 12.50 to 13.30 and learn about Mindfulness. The course will start on Tuesday August 30<sup>th</sup> and is open to everyone. Bring your lunch the first week and come along and find out a little bit about how taking this course could help you enjoy life a little more, feel more confident and improve your concentration. You've got lots to gain and nothing to lose!

L Mackintosh

- S1-6 Colouring Club: Come along on Tuesdays to 008 for colouring in and chat. Bring your lunch! Colouring can help you reduce stress and helps you to feel more relaxed. All welcome.

  J O'Thy
- S1-6 <u>Lockers:</u> If you have returned your slip for a locker, please bring your £20 payment along to Room 2.19 at lunchtime on the day below to be allocated your new locker. Payments will only be accepted at this time. **School Office**

Hartington & Leamington pupils	Wednesday 31 August
Viewforth & Westhall pupils	Thursday 1 September

**S1-3** Rugby: Training is on as normal after school on Tuesday.

**G** Macdonald

- **S1-2** Learn to play GOLF: If you are interested come to a meeting on Monday 29/08/16 at 10.35 in room 1.03 and sign up.
- **S1** Football: Any boys interested in playing football for Boroughmuir this season should come to an S1 training session on the 3G pitch at Meggetland on Thursday 1 Sept from 4-5pm. Boys should make their way to Meggetland straight after school on Thursday. Any problems please see Mr Cifelli. **P Cifelli**
- S5-6 <u>Senior Boys Football Team:</u> Any boys who wish to play for the senior team this year must attend a meeting in R1.11 at the start of break on Tuesday. Attendance is vital as the first fixture is on Friday. If you cannot attend the meeting please speak to Mr Munro.

  B Munro
- S6 <u>School Photographs:</u> S6 individual photographs will be taken next Tuesday 30 August in the school canteen. Please see below for your timeslot. All S6's are expected to attend in school dress code.

C Paterson

SMT/Heam	9.30
Team/	
House	
Captains	
6H1	9.50
6H2	10.10
6L1	11.00
6L2	11.20
6V1	11.40
6V2	12.00
6W1	12.20
6W2	1.40

Dining Room Menu – MONDAY - Staff can phone orders & have deliveries to the Staff Room	
Homemade Soup	Pasta King/Pizza/Baked Beans/ Pasta Pots
Breaded Fish Dish served with	Baked Potatoes/Sandwiches/Rolls/Wraps/Panini-Various Fillings
accompaniments	Home Baking, Fresh or Dried Fruit, Yoghurt, Drinks Selection,
Vegetarian Meatballs served with	Yogurt, Extra Bread and Mixed Side Salad
accompaniments	

If you have any special Dietary Requirements, please let the staff know and they will be happy to help