## **DAILY BULLETIN – Monday 22 August 2016**

Duty Head - D Dempster

TO ALL STAFF: THIS IS A CAT WEEK

TO ALL STAFF & PUPILS:

S1 Assembly

## **REGISTER TEACHERS - PLEASE INFORM YOUR GROUP:**

- Let's play netball: The 6 Edinburgh based clubs are looking for new and returning junior members.
   There are opportunities for girls in all year groups and of all abilities. Open trial are held by each club on certain dates. Posters outside Room 218 and in the PE corridor with times, dates and contact information. If interested just go along on the night.
- S1-6 BHS Running Club: BHS Running Club will resume on Tuesday 30th August from 3.45 5pm. New members of all abilities are welcome no previous running experience necessary. Please pick up an EE2 form from outside room 216 and hand in your completed form to Ms Yates, Mr Nelson or Ms Nisbet before you come running with us.

  R Yates
- S1-6 Mindfulness: Your mind can be your best friend or your worst enemy. It can make life wonderful for you or it can make it miserable. But the most wonderful thing is that you can shape this instrument. You can, literally, change your mind. So if you would like to find out why then why not come along at lunchtime to room 1.05 from 12.50 to 13.30 and learn about Mindfulness. The course will start on August 30<sup>th</sup> and is open to everyone. Bring your lunch the first week and come along and find out a little bit about how taking this course could help you enjoy life a little more, feel more confident and improve your concentration. You've got lots to gain and nothing to lose!
  L Mackintosh
- **S1-3** Rugby: Training starts up again tomorrow, Tuesday, at Meggetland from 4- 5.15pm see you there.

  G Macdonald
- **S1-2** Learn to play GOLF: If you are interested come to a meeting on Monday 29/08/16 at 10.35 in room 1.03 and sign up.
- S1 Rugby: Could all pupils, boys and girls who put their name down for rugby please come to a very brief meeting at break today in room 005.

  G Macdonald
- **EIBF 2016:** Pupils from 2H1 and 2V1 will be attending the book festival on Tuesday 23 August. Meet in the cafeteria at 10.55am. If the weather is good we will have lunch at Charlotte Square please bring a pack lunch or money to buy lunch. We will return to school during p5. Please also remember to bring money if you wish to buy anything. The authors will be signing copies of their books. **F Aleksandrowicz**
- **S4-6** Careers: The following items have come into school since the start of term. They can all be found in the careers section of the school library.
  - Scotland's Rural College Prospectus
  - Which? University The Getting into Uni Guide
  - The Complete Guide to Higher & Degree Apprenticeships
  - Modern Apprenticeships in Childcare
  - Leith School of Art Assisted Places Scheme
  - QA Apprenticeships Prospectus Careers in IT

**C** Brandie

**Careers Advisor:** Lou Murphy will be holding drop-in sessions in the school library this week and next for any S6 pupils who would benefit from support with planning their next steps. The sessions will be on Monday at lunchtime and Tuesday after school from 3.30-4.00. **C Brandie** 

- Scottish Baccalaureate: Could all pupils who showed an interest in the Science Baccalaureate before the holidays please attend a meeting on Monday 22<sup>nd</sup> August in room 3.02 at lunch time. This meeting is also open to anyone who has never attended before but wants to now get involved. Please try to have a general idea of your project area when you arrive. If anyone cannot make it on Monday please see Mr Lees asap.

  S Lees
- **Prefects:** Could all S6 prefects please go to the notice board outside the office to see the rota for prefect duties. Prefect duties begin this morning. If there are any issues at all please let us know as soon as possible. We recommend taking a photo so that you don't forget. Thanks a lot. **Head Team**

Dining Room Menu – MONDAY - Staff can phone orders & have deliveries to the Staff Room	
Homemade Soup	Pasta King/Pizza/Baked Beans/ Pasta Pots
Breaded Fish Dish served with	Baked Potatoes/Sandwiches/Rolls/Wraps/Panini-Various Fillings
accompaniments	Home Baking, Fresh or Dried Fruit, Yoghurt, Drinks Selection,
Vegetarian Meatballs served with	Yogurt, Extra Bread and Mixed Side Salad
accompaniments	

If you have any special Dietary Requirements, please let the staff know and they will be happy to help