

Boroughmuir High School S4 Parents' Information Evening 2021



**Mr Hembury
Depute Head Teacher S3/4**





Our Vision

To ensure a confident, nurturing & inclusive learning community where ALL achieve their true potential & embrace life's challenges



Content

1. Curriculum Summary
2. School Expectations for S4
3. School Support
4. S4 Prelim Assessments, Revision and Study Skills
5. Tracking and Reporting
6. Work Experience
7. Post School Planning & Careers
8. Questions

1. S4 Curriculum Summary

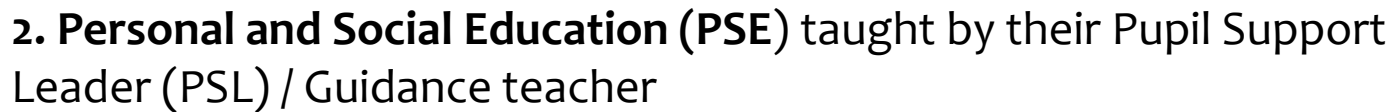
Courses in S4 provide continuity from S3. There is a strong focus on SQA National Qualifications at Levels 3, 4 and 5.

Tracking and reporting are based around National Level 3, 4 and 5.

Pupils continue with their courses that were chosen in S3. For most pupils these are 8 subjects from a range of curricular areas including:

- Maths and English
- French, German or Mandarin
- Biology, Chemistry, Physics or Science
- Geography, History, Modern Studies, Economics or RMPS
- 3 additional free choices

1. PE as a double period



Continuing from last year S4 pupils explore factors that influence personal wellbeing, and to make decisions that contribute to improving personal wellbeing. Pupils look at connections between mental, emotional, social and physical health, and to look at different ideas of health and wellbeing at a personal, community, societal or global level.

Boroughmuir High School: S4-6 Curriculum & Courses 2020-21

S4 Curriculum National 3,4,5

Administration and IT
Art & Design
Biology
Business Management
Chemistry
Computing Science
Design & Manufacture
Drama
Economics
Engineering Science
English
French
Geography
German
Graphic Communication
Health & Food Technology
History
Mandarin
Maths – National 4/5
Applications of Maths – National 4
Media Studies
Modern Studies
Music
Physical Education
Physics
Practical Cookery
Practical Woodwork
RMPS
Science
Spanish

Note - only 1 Maths course is chosen

S4 Core Curriculum

- PE
- PSE
- Wider Achievement Awards in
- 1) Health & Wellbeing
- 2) Religion, Belief & Values

S5 or S6

College Courses

Schools College Partnership (SCP)
Courses - Various
Foundation Apprenticeship

SCQF L5 NPA

Computing Science
Digital Media
Media Studies
Photography
Practical Science
Sports Leadership

N5

Maths - Nat5
Applications of Maths
Practical Cookery – Hospitality
Practical Woodwork

N5 or Higher

Art & Design
Business Management
English
Media Studies
Modern Studies
Physical Education

Higher (H)

Biology
Chemistry
Computing Science
Data Science(NPA)
Digital Media
Design & Manufacture
Drama
Economics
Engineering Science
French
Geography
German
Graphic Communication
Health & Food Technology
History
Human Biology
Mandarin
Mathematics
Media Studies
Music
Philosophy
Physics
RMPS
Spanish
College Courses

S5 Core Curriculum

Career Management Skills
PSE
PE and Study

College Courses

Schools College Partnership (SCP)
Foundation Apprenticeship

S6

S6 Advanced Higher (AH)

S6 Core Curriculum
PSE – Assembly – Study

Art & Design
Biology
Business Management
Chemistry
Computing Science
Database Design & Programming (Oracle)
Design & Manufacture
Drama
Engineering Science
English
French
Geography
German
Health and Food Technology
History
Mandarin
Mathematics
Mathematics of Mechanics
Mathematics - Statistics
Modern Studies
Music
Physical Education
Physics
Scottish Baccalaureate Interdisciplinary Projects
Spanish

* Pupils attend neighbouring schools

Extra-Curricular Sport Activity at BHS

- Clubs will be gradually starting again from Aug/Sept 2021



- 35 clubs and teams (Term 1, 2019-20)
- 246 males taking part
- 254 females taking part

Number (percentage) of pupils participating in Extra-Curricular sports clubs:

2017 (Term 1): 430 (36% of school roll)

2018 (Term 1): 469 (37% of school roll)

2019 (Term 1): 500 (40% of school roll)

6 paid coaches

36 volunteers:

- 12 parents/family members
- 8 senior pupils
- 7 school staff
- 6 club coaches
- 3 students

Typical S4 School Timetable	1	2	3	4	5	6
Mon	English	History	Physics	Music	Maths	French
Tue	PE	PE	Maths	Graphic Com.	Chemistry	History
Wed	Chemistry	French	Physics	English	Music	Graphic Com.
Thurs	French	Music	PSE	Health & Wellbeing Rota	English	Chemistry
Fri	Graphic Com.	History	Maths	Physics		

CfE Levels transfer to National Qualification (NQ) Levels fully in S4.

CfE Levels S1-3		Stage	CfE Levels	NQs
		By end of P3	Level 1	
		By end of P7	Level 2	
S3-6 NQ Levels		By end of S3	Level 3 and Level 4	National 3/4/5
		By end of S4		National 3/4/5
		By end of S5		National 3/4/5/ Higher (6)
		By end of S6		Nat. 3/4/5 Higher (6) Advanced Higher (7)

Assessment Structure

National 2/3/4: Ongoing Unit assessments + assignments + no final exam. Graded as Pass or Fail

National 5: Coursework assignments + final exam.
Graded A,B,C
Grade D or No Award

More information on course content & assessment arrangements can be found on the SQA [website](#)



Level of National Qualification Presentation

All pupils are expected to work towards achieving a qualification in each of their 8 subjects. The Working Level level can be National 2, 3, 4 or 5. The **final Working Level** is based on their progress in S4. All pupils must remain in their subjects throughout S4 and target a qualification.

The **prelims in November 2021** are used by many subjects to help determine the final working levels e.g. N5 or N4. Generally a prelim grade A-D at N5 will ensure entry to the final May N5 exams. However for most courses there will be further assessment opportunities. Some Curricular Leaders may start to contact you to discuss your child's working levels following the prelims.

More information about prelims is found on later pages.

COVID and Exams

National 5 exams will proceed as normal in May 2022 unless there is a change to public health advice.

Most S4 courses have been modified to reduce course content and reduce assessments. Many assignments have been removed for 2021-22.

If public health conditions do not allow for an exam diet to take place, and contingency arrangements will be put in place.

Further information will be provided in this case.

2. School Expectations for S4

Best efforts and **positive attitude** are required. Pupils should aim to produce **high quality** work.

S4 prelims are rapidly approaching and revision should start now.

With age comes increased **responsibility**, to the school and themselves. It is important that S4 pupils see themselves as **role models** for younger year groups.

Some S4 pupils have the opportunity to become **school prefects** in January during the S5/6 prelims.

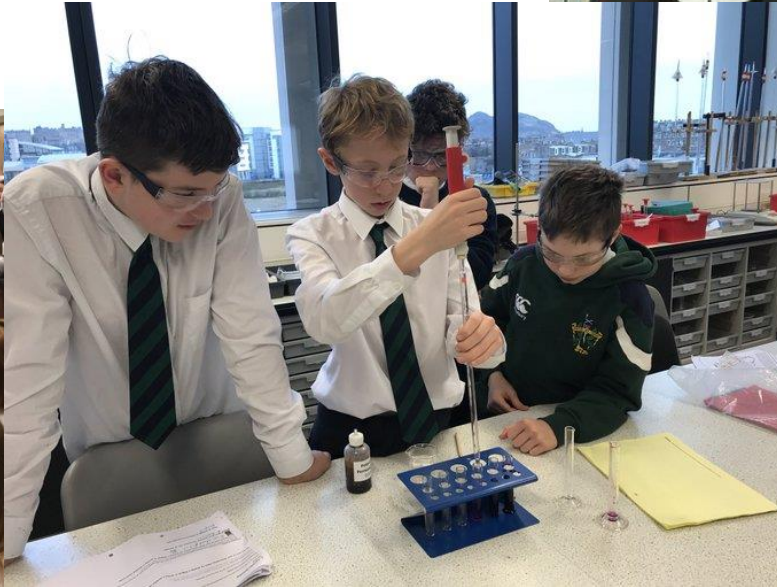
Continue positive relationships with other pupils and school staff – some classes may have new teachers and pupils

Good punctuality & attendance – pupils attendance is monitored each period. All must arrive on time. If pupils are consistently late or miss classes without reason parents and carers will be contacted. Pupils can be placed on attendance sheets and can lose break and lunchtime privileges.

Dress code is strongly encouraged, it gives a sense of belonging and pride in the school, discourages competition between pupils, bullying and victimisation. We need parents and carers support with this.

Dress code in action!





3. School Support

Support for Pupils

Pupil Support Leaders (PSLs) are the Heads of each House and provide help and support to pupils as well as providing information, advice and guidance. They work in close partnership with teachers, parents/carers and other specialist agencies. In addition they:

- Deliver PSE – organisational/study skills/learning styles/note taking
- Review tracking and teacher comment reports
- Wellbeing overview of pastoral/personal care
- Overview of educational needs
- In class support (pupil support assistant/S6)
- **Attendance** – sometimes alternative arrangements and adjustments are required. PSLs and DHTs coordinate this and liaise with teachers.



Boroughmuir Houses – House Heads

Hartington -	Miss Grant
Leamington -	Miss Nisbet
Montpellier -	Mr McIlwaine
Viewforth -	Mr Brandie
Westhall -	Mrs Wallace

Support for Learning (SfL)

Mrs Hall, Support for Learning Leader and the team of specialist Support for Learning Teachers, Officers and Pupil Support Assistants (PSAs)

- Provide support in classes and in 1:1 settings, to ensure that the effects of learning difficulties or disabilities are minimised
- Offer specialised teaching to develop necessary language and learning skills
- Promote understanding of additional support needs
- Develop effective teaching and learning approaches for pupils with additional support needs
- Identify and implement assessment strategies and ensure that the results are reported to parents
- Involve parents in the planning of their son's/daughter's progression throughout secondary school
- Support pupils in our Hub



4. S4 Prelims, Revision and Study Skills

S4 Prelims run for approximately 2 weeks 5 – 19 November 2021

Why have prelims?

- Practise exams under full exam conditions (exams are held mostly in the Games Hall with independent invigilators)
- Support decisions about appropriate level of final SQA course levels at Nat 3/4/5
- Provide important evidence for SQA Estimate Grades and for *exceptional circumstances* should a pupil not sit the final assessment
- Evidence for recommended next levels of study in S5
- A very valuable opportunity for pupils to gain feedback on areas of strength and areas for development in the lead up to final SQA exams and assessments

Prelims – Important Points

- S4's have exam/study leave during the prelims
- All normal S4 classes are suspended during prelims and pupils only attend school when they have an exam / assessment
- School dress code must be worn and sit in allocated seats
- Any disruption to an exam will result in the pupil being removed from the
- Pupils must arrive on time and will all necessary equipment
- Pupils may have more than one subject examination per day (because the exams are spread over 2 weeks and not 5 as they are in May)

QUIET PLEASE!
EXAMS IN
PROGRESS

S4 Music Prelims

- Take place during the week after, **w/b 22nd November 2021** during the normal school day. No exam leave.



Alternative Assessment Arrangements (AAA)

- Some pupils have Additional Assessment Arrangements
- Assessment arrangements allow those with an additional support needs to demonstrate their attainment
- There are a diverse range of needs and these need to be considered when looking at assessment arrangements
- Assessment arrangements are looked at on a subject by subject basis and there should be no assumption that the same level of support will be given for every subject
- A visiting Educational Psychologist reviews any AAA and the evidence used in support of the arrangement

Please contact Mrs Sarah Hall at sarah.hall@boroughmuir.edin.sch.uk
if you have any questions

Final SQA Exam Arrangements

- The SQA Exam timetable will be available soon on the SQA website.
- Exam leave is currently due to start shortly after the Easter holidays (tbc)
- During Exam / Study Leave there are no regular classes for *most* pupils and pupils only attend school for exams.

Alternative Exam Leave Arrangements

Pupils studying exclusively subjects at **N3 or N4** only will have fewer exams and **attend school**. Time is used to complete unfinished courses and will have opportunities to participate in special events such as:

- workshops with local employers
- CV writing and interview skills
- college and workplace visits

SQA Website – Subject Pages



- Lists the essential knowledge and skills required for each course
- Past Papers and answers are available ... a must for revision!

Subjects

▼

National 5 Chemistry

National Qualifications

Chemistry

National 3

National 4

National 5


Higher

Adv Higher

Course Specification

—

This explains the overall structure of the Course, including its purpose and aims and information on the skills, knowledge and understanding that will be developed.

- [N5 Chemistry Course Specification](#)  September 2019

Past Papers and Marking Instructions

+

Coursework

—

Study Support

Live Webinar Lessons — Week Commencing Monday 6th September

	TIME	SUBJECT	LEVEL
MONDAY	5PM	Maths	National 5
	5PM	English	Advanced Higher
	5PM	Physics	National 5
	5PM	RMPS	Higher
	5PM	Biology	National 5
	5PM	RMPS	National 5
	6PM	Physics	Higher
	6PM	Engineering Science	Higher
	6PM	Physics	Advanced Higher
	6PM	Human Biology	Higher
	7PM	PE	Higher
	7PM	Biology	Higher
	7PM	Computing Science	Higher
	7PM	Computing Science	National 5
TUESDAY	7PM	Biology	Advanced Higher
	5PM	Geography	National 5
	5PM	Music	National 5
	6PM	Spanish	Higher
	6PM	Maths	Advanced Higher
	6PM	Business Management	Higher
	6PM	Art	National 5
	6PM	Music	Higher
	7PM	English	National 5
	7PM	Design and Manufacture	Higher
	7PM	History	Higher
	7PM	French	Higher

National e-Learning Offer



	TIME	SUBJECT	LEVEL
WEDNESDAY	5PM	Graphic Communication	Higher
	5PM	Geography	Higher
	5PM	Applications of Maths	National 5
	5PM	Gàidhlig	Higher
	6PM	Modern Studies	Higher
	6PM	Maths	Higher
	6PM	Gaelic	Higher
	7PM	Gaelic	National 5
	7PM	Design and Manufacture	National 5/Higher
THURSDAY	5PM	PE	National 5
	6PM	English	Higher
	6PM	Chemistry	Higher
	6PM	Chemistry	Advanced Higher
	7PM	History	National 5
	7PM	Chemistry	National 5
	7PM	Health and Food Technology	Higher
TBC	TBC	English	National 4
	TBC	Maths	National 4

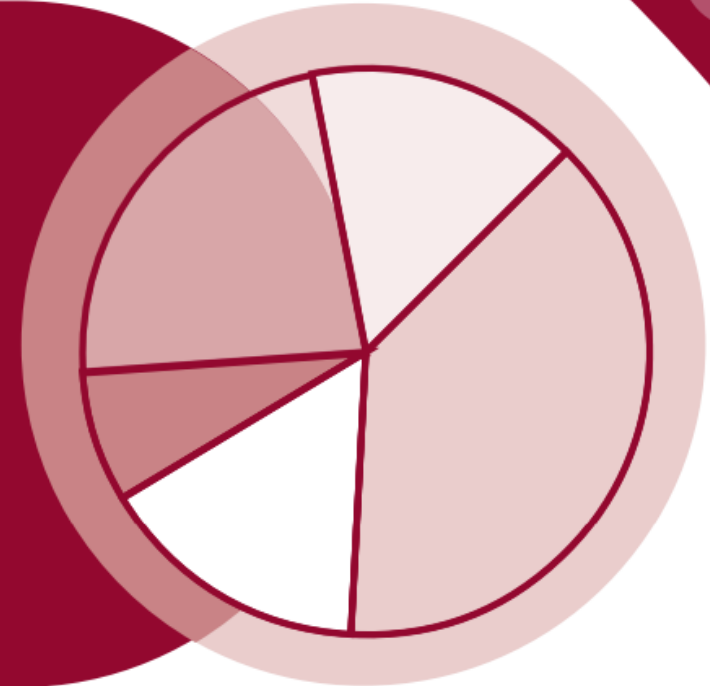
Nationals in a Nutshell

- What skills will my child develop?
- What will my child experience during the Course?
- Assessment

Mathematics

What skills will my child develop?

- Understanding and applying mathematical skills in algebra, geometry, trigonometry, and statistics
- Simplifying and solving problems
- Selecting and applying mathematical techniques to real-life contexts
- Making connections and informed predictions
- Using mathematical language and exploring mathematical ideas
- Resilience and confidence in problem-solving
- Analytical and evaluative skills
- Interpreting, communicating and managing information in mathematical form
- Logical reasoning skills
- Assessing risk and making informed decisions
- Creativity and the ability to think in abstract ways
- The manipulation of abstract terms to solve problems and generalise



the National Parent
Forum of Scotland

www.parentforumscotland.org

WHAT WILL MY CHILD EXPERIENCE DURING THE COURSE?

- Active and independent learning will develop confidence and self-motivation as learners experience a range of tasks and activities
- A blend of classroom approaches including whole class, small group or one to one discussions; direct interactive teaching
- Space for personalisation and choice for developing areas of interest

ASSESSMENT

- The course will be assessed through two question papers (exams), which will be marked by SQA and graded A to D.
- Question paper 1 (non-calculator) is worth 50 marks and makes up 45% of the total assessment mark. Learners answer a series of questions that demonstrate their mathematical skills and their understanding of mathematical processes. They must show their working in their answers.

Heriot Watt University SCHOLAR courses have been running for over 20 years and offer 37 high quality online courses for Scottish schools aligned to the SQA curriculum at National 5, Higher and Advanced Higher level.

Each pupil is provided with their own username (their SCN number) and a password.

Science and Mathematics			
	N5	H	AH
Biology	✓	✓	✓
Chemistry	✓	✓	✓
Computing Science	✓	✓	✓
Human Biology	**	✓	**
Mathematics	✓	✓	✓
Physics	✓	✓	✓

Languages			
	N5	H	AH
English	✓	✓	✓
ESOL	✓	✓	**
French	*	✓	✓
Gaelic	*	✓	
German	*	✓	✓
Mandarin	✓		
Spanish	*	✓	✓

Business			
	N5	H	AH
Accounting		✓	✓
Art and Design		✓	
Business Management		✓	✓
Economics		✓	✓
Psychology		✓	**

* Please note: these National 5 courses are support materials only.

** Please note: SQA do not provide a qualification for this subject at this level.

Homework and Home Study



Bitesize

Home

Daily lessons

Learn

Support

Careers



Application of Maths



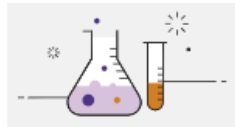
Art and Design



Biology



Business management



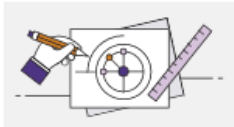
Chemistry



Computing Science



Dance



Design and manufacture



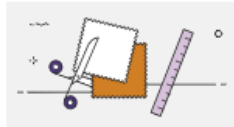
Drama



Engineering science



English



Fashion and textile technology



French



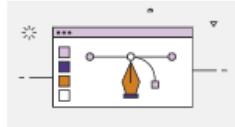
Gaelic (Learners)



Geography



German



Graphic communication



Health and food technology



History



Hospitality



Maths



Modern Languages



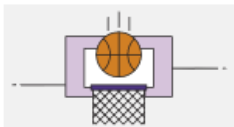
Modern Studies



Music



Music Technology



Physical Education



Physics



Religious, moral and philosophical studies



Spanish



Technologies



Boroughmuir High School

Subject Resources Information Booklet

S3 and S4 Courses

Updated version – March 30th 2020

Introduction:

This resource is for our learners, parents and carers to support individual home learning and also learning that occurs within the school day. Examples of these materials include *course outlines, topic benchmarks, class notes, teacher's slides and revision notes*.

It has been produced in 3 parts, each available separately, for:

S1/2 Courses

S3/4 Courses

S5/6 Courses

For each subject, information is described in 4 sections as listed below.

Course information

Resources

Home Study Materials

Assessment

The majority of this information is stored online on Office 365. Each pupil in the school has their own username and password. The Office 365 log in page can be accessed via the *Useful Links* table on the front page of the [Boroughmuir High School Website](#)

Office 365 contains a suite of programmes which contain useful learning materials. These include SharePoint, OneNote and Teams.

Office 365



Subject Name: **Computing Science (National 5)**

Course Information	Class Resources and Revision	Home Study	Assessment
National 5 The course is split into 4 sections:- <ul style="list-style-type: none"> • Computer Systems (CS) • Software Design and Development (SDD) • Database Design and Development (DBDD) • Web Design and Development (WDD) <p>Each unit consists of theory work and practical tasks. This will give pupils the knowledge and skills to prepare for the course assessments.</p> <p>This qualification is developed to follow the Course Specification which can be found here: SQA - National 5</p>	<p>All classes have a OneNote class notebook. This can be accessed via Office365. http://office365.edin.org</p> <p>All teaching and learning materials can be found in the class notebook. This includes, course notes, revision notes, written tasks, practical tasks, past papers and solutions.</p> <p>Practice practical assessments will be carried out throughout the month of January/February to prepare for the SQA Practical Assignment.</p> <p>Each class also has a Microsoft Team. This allows communication with peers and teacher. Homework tasks and assessment deadlines will be shared via teams.</p> <p>Supported Study is provided for National 5 pupils on Tuesday and Thursday lunchtimes as well as Wednesday's after school.</p>	<p>Pupils should use their class notebook to revisit tasks and revise using class notes and revision material regularly.</p> <p>Revision Guides are not provided but are strongly recommended. Useful Textbooks include: Hodder Gibson How to Pass National 5 Computing Science: Second Edition Bright Red – Study Guide – Nat 5 Computing Science Leckie and Leckie – National 5 Computing Science Success Guide</p> <p>Please ensure latest version of textbooks are used as structure of course has changed.</p> <p>Further consolidation resources can be found at: Heriot Watt Scholar Programme Scholar (Pupils have a unique username and password) BBC Bitesize BBC National 5 CS SQA National 5 exemplar and past exam papers are found here: SQA Past Papers</p>	<p>Written mid unit and end of unit assessments for all sections detailed in Course Information.</p> <p>Practical end of unit assessments in Programming, Web and Databases.</p> <p>S4 Question Paper Prelim (November)</p> <p>Final SQA award consists of:</p> <ul style="list-style-type: none"> • SQA Practical Assignment worth 50 marks (31%) . • SQA written exam (2 hours) worth 110 marks (69%) <p>SQA Practical Assignment is carried out in February/March over 9 periods in class. It is an open book assessment but carried out under exam conditions. It will include a practical task involving a program, relational database and website.</p>

Blended/Futureproof Learning, Teaching & Assessment Policy



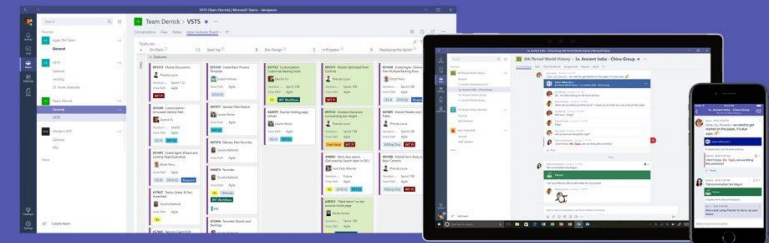
Aim - We will provide and deliver high quality futureproofed learning for every learner every day. To futureproof our learning, teaching and assessment we will continue to **blend our digital and face to face learning**.

Our learning will be:

- Purposeful – clear learning intentions, context and purpose made clear for all learners
- Engaging – varied, active, inclusive, collaborative and appropriate for home or school, assessment as and for learning
- Successful – shared measurable success criteria, opportunities to develop and apply skills and knowledge supported by regular effective assessment and feedback on progress – face to face and virtually

How will we do this?

- All pupils and all staff will continue to engage with MS Teams and use this as our virtual bridge/platform for blending learning digitally and learning in school.
- Moderate and quality assure standards across faculties using the “Planning Learning, teaching and assessment cycle” (Moderation cycle) and processes outlined

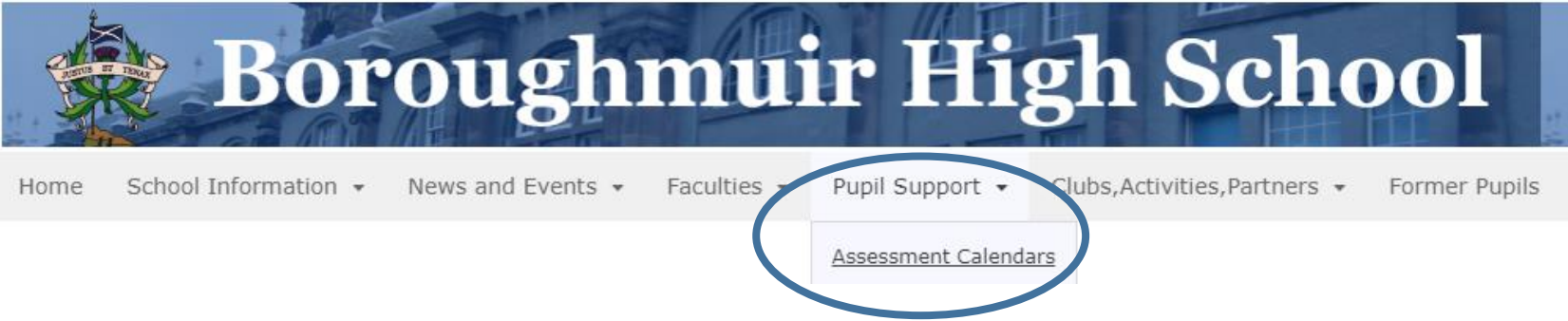


Assessment Calendars

Show the key periods of assessments for each subject

Useful for planning ahead towards S4 prelims in November 2021

2021/22 Calendars will be uploaded as soon as possible



N5 Course	Folio / Assignment / Performance (counts toward final grade)	Mark (%) of final grade	Marked by	Outline of assignment/folio/performance	Completion Dates	Boroughmuir School Support
English	Folio	30/100 (30%)	SQA	2 pieces of writing – one broadly creative + 1 broadly discursive	By 17 th March or earlier	Started in class and completed at home. Folio support is offered from January. Both pieces must be completed on the SQA template given.
French/ German	Performance (Talking)	30/100 (30%)	School & SQA verified	Presentation (pupil choice of topic) + follow-up conversation with class teacher. Recorded.	between 23 rd Jan and 10 th Feb	Talk prepared and practised in class. Conversation based on course topics. Revision class Tuesday / Thursday lunch time



Why are deadlines important?

- They are there to help pupils manage their workload
- They are there to help teachers manage their workload
- They are needed so that teachers can “authenticate” pupil work
- If teachers are unable to authenticate pupil work they cannot submit coursework to the SQA
- Please refer to the school senior assessment calendar for deadlines



5. Tracking and Reporting

S4 Tracking reports give a ‘snapshot’ of how well your child is performing in each subject.

- i) Tracking – Sept. 2021
- ii) Tracking and written report – Dec. 2021
- iii) Parents Evening – Jan. 2022
- iv) Tracking – Feb. 2022

Written reports use 3 sections:

- Course Content, Individual Progress, Next Steps

See separate Home-School Communication calendars

Exceeding expectations	1
Meeting expectations	2
Use NSI for Improvement	3
Cause for Concern	4

Tracking Level Titles, Colours and Descriptions

From	Level	To	Colour
Excellent	1	Exceeding Expectations	Gold
Good	2	Meeting Expectations	Green
Inconsistent	3	Use NSI for Improvement	Orange
Needs Improvement	4	Cause for Concern	Red

Progress	How well is pupil is performing against national benchmarks?
Effort	Is a pupil consistently engaging in learning?
Homework	Is homework completed to expected standards? This can also reflect the degree of independent home-study (if applicable).
Behaviour	Is behaviour meeting school expectations?

In S4 - Progress is replaced with NQ **Working Grades** and **Target Grades**.

Tracking will also include Effort, Homework and Behaviour

		Progress	Effort	Homework	Behaviour
Exceeding expectations	1	Consistently exceeds national benchmarks. Working very well independently and making very good progress overall.	Pupil is highly engaged and effort is conscientious and consistent	Always makes a very good attempt	Behaves very well at all times in class
Meeting expectations	2	Consistently meeting national benchmarks and making good progress at this level	Pupil is engaged in learning and effort is consistently good	Always makes a good attempt	Behaves well in classes
Use NSI for Improvement	3	Meeting some benchmarks and requires support at times . Some gaps in knowledge, understanding and skills	Pupil is not always engaged and effort is inconsistent	Inconsistent when completing homework	Inconsistent behaviour and some improvements required
Cause for Concern	4	Not yet meeting national working level benchmarks at this level	Pupil is not engaged and effort is minimal	Rarely makes a good attempt	Serious concerns with behavior

6. S4 Work Experience

We hope will that S4 participate in work experience usually occurs during the last week of the summer term, **w/b 27th June 2022 (TBC)**

S4 are supported in obtaining a work experience placement during weekly PSE lessons. At this stage it is “Work Experience” not necessarily “Career Experience”!

Keep an open mind and remember skills assessed are transferrable!

There are 2 ways to get a placement:

1. The WorkIT website – login details will be issued early October. There are not places for everyone, and some categories are very limited.

The logo for WorkIT, with 'WORK' in orange and 'IT' in red, all in a bold, blocky font.A light orange rectangular box containing the text 'work placement manager' in a red, lowercase, sans-serif font.

2. Self Found Placements



Pupils ask **friends, family** or **contact an employer** themselves and complete the relevant paperwork.

Start asking now!

All work experience applications are completed electronically

Deadline for applications is **Friday 4th February 2022** (tbc).

7. Post School Planning & Careers

DID YOU KNOW...

**93% OF
QUALIFICATIONS
AT SCQF LEVEL 6
ARE *NOT* HIGHERS!**

There are more learning pathways than
you think!

- School winter leavers can apply for JET+
- Designed for young people who are focused on gaining practical experience from a **full-time work placement**.
- A Work Placement Coordinator will support the placement and ensure that each young person **secures a positive destination**
- As part of JET+ young people will meet with employers, training providers, colleges and SDS staff
- There is an opportunity to gain a Certificate of Work Readiness.
- JET+ has **100% success rate** in progressing young people into a positive destination.
- Progression routes include employment, college, modern apprenticeships and training.

Careers Advice - Our Careers Advisor is **Ms Cara Davidson**
Cara.Davidson@sds.co.uk appointments can be made by request
through the Pupil Support Leaders or by email.



Careers



Edinburgh Guarantee Bulletin:

- [Edinburgh Guarantee Opportunities Bulletin 16-06-20](#)
- [Edinburgh Guarantee Opportunities Bulletin 02-06-20](#)
- [Edinburgh Guarantee Opportunities Bulletin 28-04-20](#)

Introduction to Career Management Skills Slides

[BHS CMS Assemblies](#)

Developing Young Workforce Slides

- [DYW Slides – Computing and Business](#)
- [DYW Slides – Drama](#)
- [DYW Slides – Modern Languages](#)
- [DYW Slides – Physical Education](#)

The Careers part of the website contains additional information including information as to how our subjects departments are developing skills for the young workforce.

My World of Work is a key source of careers information



**A tour of Scotland's
online careers service**



Useful Parent/Carer Resources

Research/Support

- My Kids Career
www.mykidscareer.com/
- My World of Work
www.myworldofwork.co.uk/parents
- DYW – E resources
www.dyw.scot/edyw.html
- Digital World
www.digitalworld.net/
- Articulation Routes
www.pathways.ac.uk

Opportunities

- Apprenticeship.Scot
www.apprenticeships.scot/
- The Guarantee
www.theguarantee.org/
- SDS Edinburgh Facebook
www.facebook.com/SDSEdinburgh/



SDS Service Offer

Year Group	Offer
S1	Group session within PSE
S2	Group session within PSE PLUS 1-2-1 decision making
S3	Group session within PSE
S4	Group session within PSE. Compulsory 1-2-1 for leavers, 1-2-1 requests through guidance. Drop-in sessions

SDS support continues after school – for you and your young person

- Available for all, service is free
- Local careers centre is at 79 Shandwick Place in the West End

You can also find SDS on Facebook
[Facebook.com/SDSEdinburgh](https://www.facebook.com/SDSEdinburgh)





**My
World of
Work**

[Sign in](#)

[Register](#)

[Search the site](#)



[My career options](#)

[Learn and train](#)

[Getting a job](#)

The help you need for the career you want

Who you are. Where you want to go. How to get there.



Help for parents and carers

[Bookmark](#)[Share](#)

When it comes to making career decisions, you're one of the first people your child will turn to for help. We'll show you how to use My World of Work with your child, to spark ideas for their career and explore the routes they could take. So, you'll feel confident in supporting them to make important decisions.

[Page contents](#)

Finding the right career

How My World of Work can help

We've designed My World of Work to make it easy for your child to explore, and find out about, careers that interest them. We'll show you how to use My World of Work with your child, to spark ideas for their career and explore the routes they could take. So, you'll feel confident in supporting them to make important decisions. [career management skills](#), so that they can make the best decisions about what's right for them.

This guide introduces you to some of the features of the site, and how you can use them with your child.

[Starting an account](#) will help your child make the most of My World of Work. You can support your child to create their account.

Each element works with the information in [My career options](#), to show your child jobs, Modern Apprenticeships, and other career opportunities.

[Top of page](#)[Finding the right career](#)[Our careers service in schools](#)[More about career education](#)[Career conversations with your child](#)[College and university open days](#)[Apprenticeships](#)[Subject choices](#)

www.mykidscareer.com



[Jobs in demand](#)

[Career paths](#)

[Career discussions](#)

[Your questions](#)

[Your stories](#)

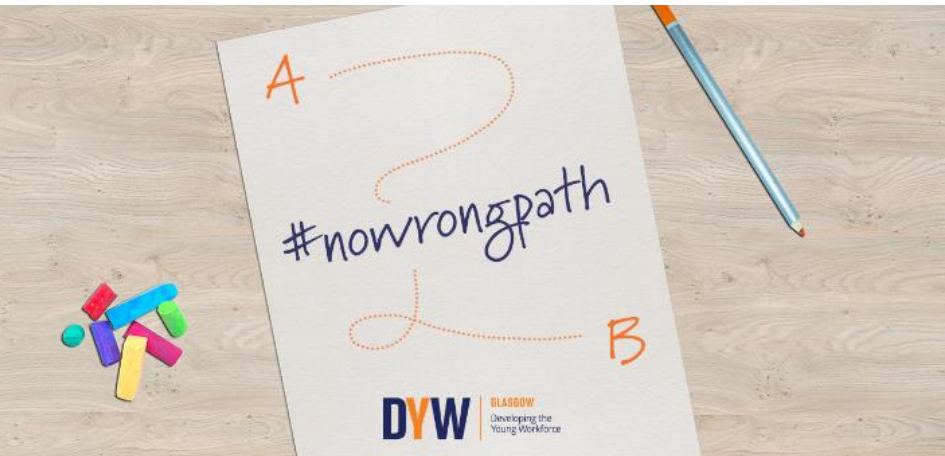
[About us](#)

Jobs in demand

What's out there and where they'll fit



Networks



ENGAGE .

S4 WORK EXPERIENCE



My World of Work



Raising Teens with Confidence

6 week course for parents and carers of teens

It aims to help adults understand how they can best support their teenage children to

- navigate increasing independence
- develop confidence, security and resilience
- promote and benefit from emotional wellbeing

The latest research around what helps support emotional wellbeing throughout life is used & includes adolescent brain development, risk taking behaviour, importance of communication and the effects of stress.

The course provides an opportunity to explore with other parents how the teenage years can be a time for the whole family to ***‘thrive rather than just survive’*** (Siegel 2014)!

Further information to course dates at Boroughmuir High School to follow in due course.

PARENTS AND CARERS COURSE

Raising Teens with Confidence

Promoting Mental & Emotional Wellbeing



• EDINBURGH •
THE CITY OF EDINBURGH COUNCIL

Information for parents and carers

Adolescence is the time when young people seek increasing independence and experience physical, social and emotional change which can be difficult to manage but also creates many exciting opportunities.

Raising Teens with Confidence aims to give parents and carers increased understanding about how they can best support their teenage children to navigate this time of change and help promote resilience.

Drawing on the latest research in teenage brain development and mental and emotional wellbeing the course gives parents the opportunity to explore together how the teenage years can be a time for the whole family to *'thrive rather than just survive!'* (Siegel 2014)

The course consists of 6 x 2 hour sessions covering the following topics.

1 **Introductory Session: Why what you do matters**

Explores definitions of emotional wellbeing and why relationships with parents and teenagers are changing but remain critical to developing positive emotional and mental health.

2 **The Amazing Teenage Brain: What's going on in there?**

An introduction to the latest brain development research helping to explain some teenage behaviour.



'Understanding the teenage brain and changing my approach to dealing with day to day situations.'

'I have learned that I can't control their world anymore but that I can influence it a bit. Also, communication is key.'

'Useful sharing experiences with others as rarely meet other parents at school – unlike at primary school. Every parent should do this course.'

'The course has helped me listen to my kids, enjoy my kids, be a good role model, be kind to myself ... and be positive.'

'Being able to talk openly with other parents. FAB!!!!'

'There were some really good tips about dealing with situations. I liked the session on risk and the fact that teenagers need to experience a level of risk. This was reassuring.'



3 **Risky Business: Managing adventure, risk and resilience**

Taking risks is a normal part of the teenage years and this session looks at why this is important and ways to positively manage these experiences.

4 **It's Good To Talk: The importance of staying connected**

Conflict is common in families, especially when children become teenagers. However some communication techniques can prevent arguments becoming the norm whilst supporting positive relationships and the development of social and emotional skills in teenagers.

5 **The Brain Under Stress: Overcoming setbacks and promoting resilience**

Explores how the brain responds to stress and what parents can do to support young people to manage stress now and build resilience for the future.

6 **Looking After Your Wellbeing: Coping with the changes**

Leading on from the previous session this session explores how parents and carers can look after their own wellbeing, act as role models for their young people and cope with all the changes that come with shifting family dynamics and structure.

S4 into S5 Course Choice Information Evening

The next Parents' Information evening is on
Thurs February 3rd 2022



S4 to S5 Coursing PUPIL GUIDE



The S4 into S5 Course Information booklet is available on the school website.

S5 pupils choose 5 subjects

The choices are submitted online via a special website called TOOLS

8. Questions

Thank you for taking the time to review this information.

If you have any queries and questions please send them to the email address below. We will collate these and issue as frequently asked questions (FAQs) .

Email your questions to:

coursechoice@boroughmuir.edin.sch.uk

