

## Boroughmuir High School Hockey Club (GIRLS) – INFORMATION SHEET 2018-2019

The purpose of this leaflet is to provide you with all the information needed to take part in extra-curricular hockey. The club is fully inclusive and open to all pupils, in all years and all abilities. The aim of the club is for everyone to compete at their own level, develop friendships and fitness and improve their skills and abilities in hockey too!

Questions	Details	Additional information
When and where is hockey training?	<ul style="list-style-type: none"> <li>• S1 &amp; S2- Tuesdays 4-6pm</li> <li>• S3 &amp; Senior (S4/S5/S6)- Mondays, 4-6pm,</li> <li>• At Meggetland Sports Complex, Colinton Rd</li> <li>• On the Astro pitch.</li> <li>• Changing facilities available.</li> <li>• No 10 or 27 bus from Gilmore Place.</li> </ul>	<p>Coaching is provided by qualified coaches, parents and senior pupils.</p> <p>All players must <b>register</b>. Registration is via the Active Schools online booking system open from August 27th: <a href="http://www.joininedinburgh.org">www.joininedinburgh.org</a> Follow this link and then in the green Activity Search box enter the '<b>Short Code</b>' <b>BOR-62</b>. The cost is £40 for the year. Please contact Tony Segall for more details and if financial support is required.</p>
What do I need for training?	<ul style="list-style-type: none"> <li>• Sturdy training shoes or astro boots</li> <li>• Shinpads</li> <li>• Gum shield</li> <li>• Sticks can be provided.</li> <li>• Shorts/skorts or tracksuit bottoms</li> <li>• T-shirt and sweatshirt or hoodie</li> <li>• Waterproof jacket</li> <li>• Water bottle (named)</li> </ul>	<p>It is important that pupils wear appropriate footwear and clothing for ever changing weather conditions. Protective shin pads and gum shields are essential. Hockey balls are hard and when travelling at speed can be very dangerous. Players can also be struck by sticks. Please name all personal belongs.</p>
When are matches played?	<ul style="list-style-type: none"> <li>• Saturday mornings.</li> <li>• Occasional weekday fixtures.</li> <li>• Home games are played at Meggetland Sports Complex.</li> <li>• Away games are at various venues.</li> <li>• Transport will only be available for some away games</li> <li>• All arrangements will be posted on the school website</li> </ul>	<p>The hockey Fixture List provides details of matches against other schools. The <b>Fixture List</b> can be found on the school website.</p> <p>NB Arrangements may change and players will be notified of these on a week to week basis.</p>
How do I get picked for the team?	<ul style="list-style-type: none"> <li>• All pupils will get the opportunity to play in a team.</li> <li>• Pupils must state their availability using Teamer App</li> <li>• For more info contact Team Managers - see details below</li> </ul>	<p>This year we <b>hope</b> to field the following teams.</p> <p>2 x S1 teams 2 x S2 team 1 x S3 team 2 x Senior (S4/S5/S6))</p>
What do I wear to matches?	<ul style="list-style-type: none"> <li>• Sturdy training shoes or astro boots or football boots for grass</li> <li>• Shin pads &amp; gum shield</li> <li>• BHS socks (see PSL website)</li> <li>• Hockey strip is the school PE t-shirt</li> <li>• Blue shorts/skort or tracksuit bottoms</li> <li>• BHS PE hoodie</li> <li>• Waterproof jacket</li> <li>• Sticks can be provided.</li> </ul>	<p>Players <b>must</b> come prepared for inclement weather conditions as there can be long periods of time waiting on the side lines.</p> <p>Although we carry sticks, players are requested to purchase their own strips at PSL Sports <a href="http://www.pslteamsports.com/boroughmuir-high-school.html">http://www.pslteamsports.com/boroughmuir-high-school.html</a>.</p> <p>Waterproofs and base later Football Nation, Lothian Rd Bruntsfield Sports offer a discount to BHS pupils.</p>
If you have any additional queries, please contact Tony Segal, Active Schools Co-ordinator or Janette Leach (Parent Co-ordinator)	<p>Tony Segall Active Schools Co-ordinator <a href="mailto:tony.segall@ea.edin.sch.uk">tony.segall@ea.edin.sch.uk</a> Tel : 07884 244362</p> <p>Janette Leach Parent Club Coordinator <a href="mailto:janette.leach@westlothian.org.uk">janette.leach@westlothian.org.uk</a></p>	<p><b>Team Managers for 2018-2019</b></p> <p><b>S1</b> Liz Mabbot <a href="mailto:lizm348@gmail.com">lizm348@gmail.com</a> Rhona McMorland <a href="mailto:mcmorland@blueyonder.co.uk">mcmorland@blueyonder.co.uk</a> <b>S2:</b> Martin Higgins <a href="mailto:marthiggins@yahoo.com">marthiggins@yahoo.com</a> TeresaCostigan <a href="mailto:tjcosti@hotmail.com">tjcosti@hotmail.com</a> <b>S3:</b> Jill Johnson <a href="mailto:jillj134@googlemail.com">jillj134@googlemail.com</a> Gillian Craig <a href="mailto:bressay102@gmail.com">bressay102@gmail.com</a> and Sheila Chapman <a href="mailto:Sheila_Chapman@btinternet.com">Sheila_Chapman@btinternet.com</a> <b>Senior:</b> Sarah Moran <a href="mailto:sarahlouise.moran@virgin.net">sarahlouise.moran@virgin.net</a> Sarah Ledingham <a href="mailto:sarah.c.hannay@gmail.com">sarah.c.hannay@gmail.com</a> Robin Hill <a href="mailto:robinhill654@btinternet.com">robinhill654@btinternet.com</a> Heather Bell <a href="mailto:heatherbell144@sky.com">heatherbell144@sky.com</a></p>

