



Activity Week Brochure 2018



“Our vision is to ensure a confident, nurturing and inclusive learning community where all achieve their full potential and embrace life’s challenges.”



Feedback from 2017

Activity week is one of the highlights of the year...I love it!





Activity Week Brochure 2018

Our Vision

To ensure a confident, nurturing and inclusive learning community where ALL achieve their true potential and embrace life's challenges.

Activity Week is an integral part of our school calendar which helps to provide opportunities for all pupils to develop confidence, build relationships and nurture our school community beyond the classroom.

We are delighted to bring you all the options on offer for Activity Week 2018 which takes place from **Monday 25th to Friday 29th June 2018.**

We have built this year's choices firmly on feedback from pupils and staff involved this year. We have included new choices suggested by pupils and have added more "week long" specialist experiences. The prices of our activities also reflect our aim to be an inclusive school community. ParentPay will allow the cost of trips to be spread over 3 several months.

Please read through all the choices on offer and return the ONE form to register teachers by Thursday 21st September.

Choose one option:

A Residential Trip (green sheet)

or

A Week Long Activity (blue sheet)

or

A Set Menu Daily Activities (pink sheet)

We cannot guarantee that pupils will get first choices. Group leaders will meet with all pupils interested in their activities over the next few weeks until all places are confirmed. Information about meetings will be in the bulletin. ***Pupils may be asked to choose another option and it is useful to have a second in mind.***

We are aiming to have all places confirmed and most deposits paid via Parentpay by Christmas. Group Leaders will keep all parents informed when any payments are due and when we have all places confirmed.

If you would like to enquire about financial support for any trip please download the information on our website www.boroughmuirhighschool.org/policies-and -documents

Activity Week is part of the school year and absences during that week will be treated using the same criteria as any other absence from school.



1.A. Benmore (Multi-Activity)

Year Groups: All S1 & S2 Pupils

5 day outdoor education excursion. We will be enjoying sailing, canoeing, kayaking, climbing, abseiling, gorge walking, mountain biking, high ropes and forest walks.



1.B. Benmore (5 Day Specialist course)

Year Groups: All S1 & S2 Pupils



5 day outdoor education excursion. Your choice of a week-long outdoor activity. You will be able to choose one activity from: sailing, mountain biking, kayaking or climbing with the opportunity for certification at the end of the week.

Depart/ Return: Mon 25th June – Fri 29th June 2018

Travel by Coach

Accommodation in Benmore House

Maximum Number: 80 (combined Multi-Activity/ Week-long)

Approximate cost: £340 (for either 1A and 1B option)

Staff Contact: Mr Kastelein

2. Paris

Year Groups: All S2 & S3 Pupils

6 day/3 nights in Paris sightseeing excursions taking in a range of attractions including the Eiffel Tour, La Defense, Notre Dame and Montmartre. We will also have a cruise on the River Seine and a visit to Euro Disney – this year we will be visiting both parks!



Depart/Return: Travel by coach and depart Sunday 24th June 2018 (evening) & Return Thursday 28th June (morning)

Hotel accommodation in Paris

Maximum Number: 40

Approximate cost: £480

Staff Contact: Ms Webster



3. London –Art/Drama

Year Groups: All S2 & S3 Pupils

Three night cultural trip to London –
Activities may include visiting a



gallery, taking part in workshops, sightseeing, Harry Potter experience and other options during the day, a choice of 2 West End shows including The Lion King...and time for Camden market and shopping.

Depart/ Return: Early Monday 25th June 2018, spend 3 nights in London arriving back Thursday evening 28th June.

Friday 29th June back in school for printing out photos, awards etc.

Accommodation: Meininger Hotel, Hyde Park or equivalent

Travel by Train: Train from Edinburgh Waverley to Kings Cross. Tube while in central London

Maximum Number: 40-60 Pupils

Approximate cost: £400-450 all inclusive

Staff Contact: Mr Thomson & Mr Graham

4. Rhineland – German Trip

Year Groups: S2 & S3 Pupils doing German

Trip to the Rhineland staying in Boppard (3 nights) and Cologne (1 night). Activities will include: visit to a theme park; boat trip on river Rhine; chairlift; open-air swimming pool; chocolate museum.

Accommodation: Hotel & Youth Hostel

Depart/Return: Depart - Saturday 23rd June about 9pm Arrive in Boppard 24th June 6 pm - **Depart Cologne** - Thursday 28th June

Arrive back in Edinburgh Friday 29th June (mid-morning)

Travel by: coach with use of coach throughout

Maximum Number: 50

Approximate Cost: £500

Staff Contact: Ms Ayemere Odeh



5. Giants, Titanic and Thrones

Shipwrecks, Criminals, Volcanoes and Dragons in a whirlwind tour of Belfast

Year Groups: S1-S3: An exciting 4 day (3 night) trip. We'll fly to Belfast City with our first stop being a visit to the world class **Titanic Museum**.

On day two we'll discover the famous spots of Belfast's troubles, the countries' guerrilla warfare that was finally resolved in the 1980s with a **hop-on/hop-off bus tour**.

That same day we'll also visit the **Victorian gaol** of **Crumlin Road**, where you'll get a chance to sit in the Governor's chair, pay a visit to the condemned man's cell before seeing the execution cell where over 15 men were hanged.

On day three we'll be heading off on a **Game of Thrones location tour**, through the **Dark Hedges** to **Ballintoy Harbour**, looking for dragons, zombies and kings. After that we'll drive to the **Giant's Causeway**, regarded as the eighth wonder of the world. On day four you'll have a chance to shop for souvenirs and explore the city center before flying home to Edinburgh.

Accommodation: Hotel in Belfast

Depart/Return: Depart Monday 25th June return Thursday 28th June 2018

Travel by: Flights from Edinburgh to Belfast

Max Number: 30

Approximate Cost: £430 – includes dinner, bed and breakfast.

Staff Contact: Miss Mackintosh (Social Subjects)



6. Ocean Youth Trust Sailing Expedition –

Open to S3 pupils

A 7 day sailing expedition is a new experience on offer this year. This trip is being organised by and run by the Ocean Youth Trust.

<http://oytscotland.org.uk/>

Depart: Monday 25th June and return Sunday 30th (out with Activity Week)**

Maximum Numbers: 12 **Cost: £675** (pupils can apply for an assisted place, see Mr Archibald)

Staff Contact Mr Archibald (Geography)



7. Spanish Exchange for S3 Spanish Pupils only – *this is to be confirmed but may be an option during Activity Week for you to consider. Details from Mrs Hastings.*

8 . Rugby Tour – S2 & S3 Rugby Players only - Mr McDonald/Mr Else – TBC

Group leaders will get in touch with pupils directly via the daily bulletin to inform them whether they have successfully been placed on a residential trip.

ParentPay will be used for all trip payments and payments deadlines/dates will be shared with trip information.

Specialist Week Long Options for 2018

1.Health & Fitness (S1-S3)

This is an introduction to activities 'on our doorstep'. Activities are likely to be, Pulse Centre, swimming, horse riding, golf, Street Dance, Kuk Sool Won (a Martial Art) and step. The week will end with a trip to the Dominion Cinema to see a newly released film. Open to male and female students. All activities except swimming are taken by a qualified instructor.



NB (this does not include lunches or travel to venues)

Maximum Numbers: 20 Approx Cost £70

Ms Wilson

2.Create & Craft (S1-S3)

Come and have fun creating crafts or learn new crafts – examples of what you could do:

- Learn how to knit, crochet or sew
- Make fabric bunting (sewn, crocheted or knitted)
- Make patchwork Cushion (sewn, crocheted or knitted)
- Make a mobile or chime

On Friday we will visit the cinema to see a newly released film.



Maximum Numbers: 20 Cost £18.50

C Gibson

3.Digital Media and Game Making (S1-S3)



Spend a week learning new skills in Digital Media and how to programme your own computer game. You can choose to have a go at animation, sound editing, graphics and making 'You Tube' videos.

Maximum numbers: 20 Cost: Free

L Dighton

4.Electronics Workshop (S1-S3)

4 days of designing and building an amplifier and speaker system to play music from an ipod, phone or tablet.

On the Friday we will have a trip to the Dominion Cinema to see a newly released film.

Maximum Numbers: 40
B Cochrane & P Dobson

Cost £26.50



5.Film Making (S1-S3)

For 4 days you will work in groups to create your own short film.

On the Friday we will have a trip to the Dominion Cinema to see a newly released film.

Maximum Numbers: 20 Cost: £16.50

I Barbour



6.Snow, Rock and Roll (S1-S3)

This is an action packed 5 day activity.

You will be snowboarding, Snowsports Centre. Rock Edinburgh International and bowling at Edinburgh Edinburgh Combat Experience not required, Come and join us if you are



skiing and tubing at Hillend, Midlothian climbing, aerial assault and abseiling at Climbing Arena, Ratho. Playing bubble football Corn Exchange. Finally, aiming for your target at Challenge, near Dobbies Garden Centre. instructors will be guiding you. ready for the challenge!

Maximum Numbers: 40 Cost: £100

G Hearnden/ C Nisbet

7.Bush Craft Survival Skills (S2 -S3)

Think you have what it takes to be the next Bear the wild including shelter building, archery, fire Then put your new skills to the test with some wild camping!



Grylls? Learn the skills needed to survive in starting and how to find and cook wild food.

Maximum Numbers: 15 Cost: £120

S Hamilton D Dowsett F Boyd

8.Golf and Foot Golf (S1-S3)

4 days of golf in Edinburgh. All golfing abilities spent on the golf course but with a football instead choose to go to the Cinema.

Maximum Numbers: 10 Cost £85

A Larter



welcome. Friday will be (Footgolf) or you could

9.Rock Band (S1-S3)

Using all our new recording and school you can spend the week your own music.



sound equipment in the new playing, singing and recording

Maximum Numbers: 20 Cost: Free

A Clegg

10.Foods Around the World

Miss Grant will be taking you on a culinary tour of the world! Preparing and cooking different dishes from around the world and maybe even a BBQ! Trip to the cinema included.

Maximum Number: 20 Cost £20

F Grant



11.Caking and Baking

Enjoy a week in our new kitchens baking and creating delicious cakes, biscuits and breads. Yum. Cinema included on Friday too.

Maximum Number: 20 Cost: £20

Home Economics Dept.

12.Edinburgh Magic and Mystery

Spend the week exploring the City. As a group you can decide where you want to go – the beach? Arthur’s Seat? Royal Mile? The choice is yours!

Maximum Numbers: 10 Cost: £6.50 for Cinema



13.Sewing Bee (S1-S3)

A week of upcycling fabrics with Mrs Duffy. You can create new garments, cushions or bags ... the choice is yours! Cinema included on Friday.

Maximum Numbers: 20 Cost: £10

F Duffy

14.Snooker & Games Week

Enjoy a week of snooker at the Ballroom in Morningside, a couple of days in the new school keeping fit and healthy and cinema on Friday

Maximum Number: 20 Cost £20

R Stein & P Struthers

8 Daily Menus 2018 (S1-S3)

Our 8 daily menus are open to all pupils and have been based on feedback from pupils over the last couple of years. We have kept what they said they liked and added in more of their suggestions. We can also take advantage of our new school and the facilities it can offer. Using ParentPay you will be paying for one menu only and one price. Later in the year these groups will meet with group leaders and get more information. **The menus are package deals and come as one whole deal! We have tried very hard to design these catering for different tastes (and cost)! Please return the pink form with your choice of menu.**

Menu A - Cost approx. £10

This Menu includes local excursions using Edinburgh and our school as a base. Menu A includes team games and fitness in our new school for one day. A day of Create and Craft in school is next which is also on offer as a week long activity. A trip down the Royal Mile followed by a treasure hunt around the historic centre of our city. A day enjoying board games in school is also included which was a popular choice last year. Finally, if you choose Menu A you will be part of our group going to the Dominion on Friday for end of year finale!



Menu B – Cost approx. £31



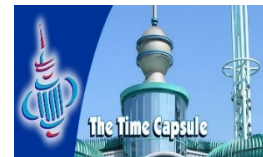
Menu B starts with a day at Jupiter Artland just outside Edinburgh. There is also a day of tennis which has been a popular choice for a few years (we can even go indoors if it rains)! The Camera Obscura is also included and a treasure hunt on the Royal Mile. A creative half day at Doodles Ceramic workshop in Marchmont followed by some team games in the afternoon is also part of menu B. On Friday if you choose menu B you will be part of our large group going to the cinema for end of year finale.



Menu C – cost approx. £55



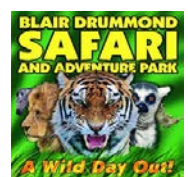
Menu C starts the week with a trip to Murrayfield for a stadium tour and either to Easter Road or Tynecastle! Day two is spent bouncing and climbing at Gravity in Fountainpark. Day 3 is a trip to the Timecapsule for skating and swimming. A day of tennis is also included –catering for all abilities and experience. Finally the Friday of Menu C is a trip to the Dominion to see the summer blockbuster before our holidays begin!



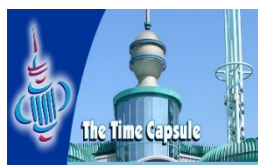
Menu D – Cost approx. £90



Menu D starts with a day of adventure golf and bowling in Dunfermline. Blair Drummond Safari is the next day in Menu D. Gravity for bouncing and climbing is on the third day of Menu D followed by a day outdoors at Fox lake in East Lothian. This was a request from staff and pupils. Friday is spent doing Footgolf as a new choice instead of the cinema!



Menu E – Cost approx.£60



Menu E also includes a day trip to the Timecapsule for swimming and skating. It includes a day of Safari in Blair Drummond and a morning at Gravity followed by team games in the new school.



Footgolf in Friday is the option for the final day of Menu E!



Menu F - Cost Approx.£45

Menu F starts with a day at Foxlake in East Lothian. A day of basket ball and games in our new school is included here too. Orienteering is a new addition for 2017 and is included for a day in Menu F. Menu F finishes on Friday with a trip to the Dominion to end the term with the summer blockbuster.



Menu G - Mutli-Activity Sports Camp - Cost Approx £30

This menu includes a variety of sports organised by our Active Schools Co-ordinator. These are likely to include American football, football, basketball, rugby. We can take advantage of our new facilities in the new school to provide the sports camp. This menu finishes with a trip to the cinema included on Friday to end the term with the summer



blockbuster!

Menu H – Cost – Free

This menu will be a variety of activities in school for the week. These will be organised and confirmed nearer the time.

Please remember to choose only one Menu from the pink sheet. Costs are approximate may vary slightly dependent on numbers and bookings. The exact itinerary for each menu will be confirmed through group leaders and meetings nearer to Activity Week.



Activity Week 2018 – Daily Activity Menus

Name: _____ Class _____ Menu : _____

Signed: _____

You will complete all the activities on your “set menu”. These have been selected based on pupil feedback from last year.

Menu A

Cost approx.
£10

Team Games &
Fitness
Create and Craft
Royal Mile and
Treasure Hunt
Board Games
Dominion

Menu B

Cost approx.
£31

Jupiter Artland
Tennis
Camera Obscura
and Royal Mile
Treasure Hunt
Doodles Ceramic
workshop &
team games
Dominion

Menu C

Cost approx.
£55

*Hearts or Hibs &
Murrayfield Tour*
Gravity
Time Capsule
Tennis
Dominion

Menu D

Cost approx.
£90

Adventure Golf &
Bowling
Blair Drummond
Gravity
Foxlake
Foot Golf

Menu E

Cost approx.
£60

Time Capsule
Blair
Drummond
Gravity
Team Games
Footgolf

Menu F

Cost Approx.
£45

Foxlake
Basketball
Treasure
Hunt/Team
games
Orienteering
Dominion

Multi- Activity Sports Camp

Cinema on
Friday

Cost approx.
£30

Likely to include
Football
American Football
Basketball
Rugby
Fencing
Cinema on Friday

In School

Cost approx.
Free

In School
A range of
activities will be
provided in school
free of charge.
These will be
confirmed.



Activity Week – Specialist Week Long Activities 2018

Name: _____ Class _____ Signed _____

Activity & Summary - These activities run for the whole week from Monday 25th- Friday 29th June 2018 – prices may vary slightly.	Approx Cost	Please tick
1. Health & Fitness – a variety of healthy and fun activities in and around school. Mrs Wilson & Mrs MacPherson	£70	
2. Create and Craft – mixed arts and crafts activity in school. All materials provided. Cinema Friday Mrs Gibson	£18.5	
3. Digital Media – under the guidance of Mrs Dighton in our new school – create, animate, play, learn, programme...	Free	
4. Electronic Workshop – use our new school to make and design a speaker and a cabinet. A week long electronics workshop. Mr Cochrane and Mr Dobson	£26.50	
5. Film Making - create, direct and edit your own films guided by Mr Barbour . In school and out on location... cinema included	£16.50	
6. Snow Rock n Roll – mixed “snowy” and “rocky” activities around Edinburgh including – Ratho, bubble football, Hillend Miss Nisbet/Mrs Hearnden/Mr Hembury	£100	
7. Bushcraft – foraging, fire-making and much more. Mr Hamilton & Mr Dowsett.	£120	
8. Golf and Foot Golf – Mrs Larter	£85	
9. Rock Band – spend a week in our new music department creating, producing and recording your own music. (You need to be able to play or sing)! Mrs Clegg	Free	
10. Foods Around the World – Miss Grant will take you on a worldwide culinary tour cooking a new dish every day... yum.	£20	
11. Caking and Baking - Bake and make cakes all week. Yum.	£20	
12. Edinburgh Magic and Mystery Tour – Free activities in and around our city – you can plan and choose this one! Cinema Friday	£6.50	
13. Sewing Bee –Upcycle clothes and fabrics into fabulous new items. Mrs Duffy	£10	
14. Snooker & Games at The Ballroom & Games in school and Cinema Trip Friday with Mr Struthers and Mr Stein	£20	

BOROUGHMUIR HIGH SCHOOL
ACTIVITY WEEK 2018

RESIDENTIAL EXCURSIONS

Name: _____ Register Class: _____

Parent/Carer Signature: _____

Please indicate your choice by ticking one box only.

- 1. A. Benmore (Multi-Activity) (S1 & S2)
- 1. B. Benmore (Specialist) (S1 & S2)
- If Benmore B is chosen, please circle activity choice:*
Sailing Mountain Biking Kayaking Climbing

- 2. Giants, Titanic and Thrones – Belfast (S1-S3)
- 3. Paris (ALL S2 & S3)
- 4. London Art/Drama (ALL S2 & S3)
- 5. Rhineland (S2 & S3 German Pupils)
- 6. Ocean Youth Trust Sailing Expedition (S3)
- 7. Spanish Exchange
- 8. Rugby Tour

PLEASE RETURN THIS SHEET TO YOUR REGISTER TEACHER BY Thursday 21st September. AT THE LATEST. ONLY RETURN IF YOU ARE APPLYING FOR ONE OF THE ABOVE RESIDENTIAL TRIPS. SEND NO MONEY AT THIS STAGE.

MEETINGS FOR EACH EXCURSION WILL THEN BE POSTED IN THE BULLETIN. Please indicate here previous residential excursions you have been on with Boroughmuir HS and when. (You must complete this or write NONE)

Residential Trip _____ Year _____

Residential Trip _____ Year _____

This information **MAY** be used to decide who should be given a place if a trip is oversubscribed.

Thank you
J Presly (DHT)

Other cost bearing Trips out with Activity Week

- S4 Biology Trip – Benmore Sept 2017
- S5/6 Higher French Trip to France Feb 2018
- S5/6 Trip to Madrid October 2017
- S3 German Exchange to Munich May 2018
- S2 Ski Trip –January 2018
- S3 French exchange to Lyon May 2018